

**Congleton U3A - Thursday Walking Group
Provisional Programme for 2011-12**

| Date | Walk Location | Distance/Grade | Walk Leader |
|---------------------------------|------------------------------------|----------------|-------------------|
| 15 Sept 11 | Deep Hayes & Ladderedge | 7½m Easy+ | Julian |
| 22 Sept 11 | Apedale Woods & Meadows | 6m Easy+ | John & Jane |
| 29 Sept 11 | Waterhouses | 6½m Moderate | David Whitewright |
| 6 Oct 11 | Wincle & Wildboar Circular | 7m Moderate | John & Jean |
| 13 Oct 11 | Little Budworth & Oulton Parklands | 6¾m Easy | John & Jane |
| 20 Oct 11 | Nantwich Circular | 5¾m Easy | Ray & Jo |
| 27 Oct 11 | Peckforton from Beeston | 7m Easy | Roger Slack |
| 3 Nov 11 | Cannock Chase from Brockton | 7½m Easy+ | John & Jane |
| 10 Nov 11 | Rudyard Lake Circular | 6½m Easy | Keith Jarvis |
| 17 Nov 11 | Readsmere via Capesthorpe | 6¼m Easy+ | David Whitewright |
| 24 Nov 11 | The Edge & Nether Alderley | 7m Easy | June & Christine |
| 1 Dec 11 | Tittesworth from Meerbrook | 6m Easy | Keith Jarvis |
| 8 Dec 11 | Timbersbrook Amble & Xmas Lunch | 3m Easy | John |
| -----Xmas & New Year Break----- | | | |
| 5 Jan 12 | Marton Meadows | 6½m Easy | Jane W |
| 12 Jan 12 | Astbury Circular | TBA | Keith Jarvis |
| 19 Jan 12 | Macc Forest to Shutlingsloe | 5½ - 6m Easy + | Jane T |
| 26 Jan 12 | Mobberley Meander from Lindow | 7m Easy | John & Jane |
| 2 Feb 12 | Gradbach Area | 6m Easy + | Ray & Jo |
| 9 Feb 12 | Rainow & White Nancy | 6½m Moderate | David Whitewright |
| 16 Feb 12 | TBA | | |
| 23 Feb 12 | 'Millennium Walk' | 7m Moderate | Julian |
| 1 Mar 12 | Knypersley Pool Area | 6¾m Easy | David Whitewright |
| 8 Mar 12 | Froghall & Churnet | TBA | Brenda |
| 15 Mar 12 | | | |
| 22 Mar 12 | | | |
| 29 Mar 12 | | | |

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- Easter Break - No walk on Maundy Thurs (5 Apr) or in Easter Week (Thurs 12 Apr) -

19 Apr 12

| | | | |
|-----------|----------------------------|----------|-------------------|
| 26 Apr 12 | Broomhall (SW of Nantwich) | 6¼m Easy | David Whitewright |
|-----------|----------------------------|----------|-------------------|

3 May 12

10 May 12

| | | | |
|-----------|-------------|-----|--------------|
| 17 May 12 | Dane Valley | TBA | Keith Jarvis |
|-----------|-------------|-----|--------------|

24 May 12

31 May 12

- 2011-12 Year Finishes -

John Chambers - Group Leader can be contacted on tel. no. 01260 273826 or mobile 07974 691 980.

Each week, four days in advance, emails are sent to members with details of where & when the walk will commence. If a lift or car-sharing would be helpful, please telephone John Chambers who will arrange where possible. Please ensure that you bring correct walking equipment eg: stout waterproof shoes & clothing appropriate to the weather. On some walks, refreshments may be obtained at the end of the walk but it is generally recommended a packed lunch/drink is carried.

IMPORTANT NOTES!

- **Please carry on your person contact names, address & telephone number in case there is illness or an emergency on the walks.**
- **If you have a health condition which may be affected by walking, please inform the Walk Leader.**
- **Basic first aid items are carried by the Walk Leader, but a personal first aid kit is advisable.**
- **Please ensure your Walk Leader is informed of any reportable incidents.**

FOLLOW THE COUNTRY CODE - ENJOY YOURSELVES!

[ends]